

Your School/Organization: _____ Today's Date: _____

Please provide us with your honest feedback so that we can improve our Lifeguard Workshop program. Please circle one response that best shows how you feel about the statement above it.

1) "I feel I've learned something new about issues related to lesbian, gay, bisexual, transgender and questioning (LGBTQ) youth."

Strongly Disagree Disagree Neutral Agree Strongly Agree

2) "After today's workshop, I feel prepared to recognize when a friend is feeling suicidal."

Strongly Disagree Disagree Neutral Agree Strongly Agree

3) "After today's workshop, I feel prepared to help a friend who is feeling suicidal or in a crisis situation."

Strongly Disagree Disagree Neutral Agree Strongly Agree

4) "I felt uncomfortable talking about issues related to suicide during today's workshop."

Strongly Disagree Disagree Neutral Agree Strongly Agree

5) "After today's workshop I have identified ways I can make myself feel better if I am feeling anxious or depressed"

Strongly Disagree Disagree Neutral Agree Strongly Agree

6) "I would feel comfortable reaching out to The Trevor Lifeline if I needed it."

Strongly Disagree Disagree Neutral Agree Strongly Agree

7) "I would feel comfortable using The Trevor Project's other resources if I needed them."

Strongly Disagree Disagree Neutral Agree Strongly Agree

8) "I would recommend The Trevor Project's services to a LGBT or questioning friend who was feeling suicidal or in crisis."

Strongly Disagree Disagree Neutral Agree Strongly Agree

9) I will try to look at the impact of my words and actions on all students including someone who is LGBTQ.

Strongly Disagree Disagree Neutral Agree Strongly Agree

10) After today's workshop, I can identify one supportive adult I feel like I could talk if I needed support.

Strongly Disagree Disagree Neutral Agree Strongly Agree

11) My school provides support and resources for students' mental health.

Strongly Disagree Disagree Neutral Agree Strongly Agree

12) My school provides support for LGBTQ and their allies through policies, clubs, etc.

Strongly Disagree Disagree Neutral Agree Strongly Agree

Please complete the statements below:

“One suggestion for the Workshop I would make is:”

“If I could learn more about one topic related to mental health and/or LGBTQ identity, I’d want to learn:”

“I was nervous about asking this in class, but I’d really like to know:”

How old are you? _____

What is the zip code where you live? _____

Sex assigned at birth:

- Male
- Female
- Intersex

How do you feel you express your gender?

- Femininely
- Masculinely
- Both
- None
- Other (please specify)

What is your gender identity (select all that apply)?

- Male
- Female
- Transgender male
- Transgender female
- Genderqueer
- Other (please specify)
- Questioning
- Don't know

What is your sexual orientation (select all that apply)?

- (1) Gay
- (2) Lesbian
- (3) Bisexual
- (4) Queer
- (5) Pansexual
- (6) Straight
- (7) Questioning
- (8) Other, specify _____
- (9) Asexual

What is your race/ethnicity? (Pick as many as you want.)

- (1) Native American/American Indian or Alaska Native
- (2) Asian/Pacific Islander
- (3) Black or African American
- (5) White
- (6) Latino/Hispanic
- (7) Mixed race