

## PROGRAMS

### THE TREVOR LIFELINE

The only nationwide, around-the-clock crisis intervention and suicide prevention lifeline for LGBTQ youth. 866-4-U-TREVOR (866-488-7386)

### TREVOR CHAT

A free, confidential and secure online messaging service that provides live help through The Trevor Project website.

### TREVOR SPACE

An online, social networking community for LGBTQ youth, their friends and allies.

### DEAR TREVOR

An online, confidential Q&A forum for young people to ask non time-sensitive questions to our counselors via our website: [www.TheTrevorProject.org](http://www.TheTrevorProject.org)

### THE TREVOR LIFEGUARD WORKSHOPS

Through a structured, age-appropriate curriculum for schools, the trained facilitators of Trevor Lifeguard Workshops address topics including sexual orientation and gender identity, the impacts of language and behavior on LGBTQ youth, and suicide prevention skills.

### TREVOR SURVIVAL KIT

An educational kit distributed to schools and youth service providers to facilitate discussions about suicide, gender identity and sexual orientation.

"Thank you so much

for just sitting here and helping me through this. It's been really hard the past couple of years, but being able to finally talk to someone who really understands where I'm coming from, I feel like a ton of bricks have been lifted off my shoulders. Really, thank you."

- Shawn, 21, FL



## Y-CARE: HOW YOU CAN HELP A SUICIDAL PERSON

You are never alone. You are not responsible for anyone who chooses to take their own life. As friends, family and loved ones, all you can do is listen, support and assist the person in getting the help they need.

### YOU -

**CONNECT** the person to resources and to a supportive, trusted adult.

**ACCEPT** and listen to the person's feelings and take them seriously.

**RESPOND** if a person has a plan to attempt suicide and tell someone you trust.

**EMPOWER** the person to get help and to call The Trevor Lifeline (866-488-7386).



Follow @TrevorProject on Twitter  
'Like' us at Facebook.com/TheTrevorProject  
Subscribe to our channel at  
YouTube.com/TrevorProjectMedia

 Please text TREVOR to 85944 to make a \$5 donation to The Trevor Project

Remember you must reply YES to confirm your gift. A one-time donation of \$5 will be added to your mobile phone bill or deducted from your prepaid balance. Standard messaging & data rates may apply.

[www.TheTrevorProject.org](http://www.TheTrevorProject.org)

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# SAVING YOUNG LIVES

 The Trevor Project

"Thank you so much for all your help. I was really hating my life and wished that it ended but I have a great life now. Thank you so much." - Jessica, 17, MA

# SAVING LIVES. BUILDING COMMUNITY. CHANGING SOCIETY.

## The Trevor Project is the leading national organization focused on crisis intervention and suicide prevention among lesbian, gay, bisexual, transgender and questioning youth.

Every day, The Trevor Project saves young lives through its free and confidential Lifeline, in-school workshops, educational materials, online resources and advocacy. The organization was founded in 1998 by three filmmakers whose film, "Trevor," a comedy/drama about a gay teenager who attempts suicide, received the 1994 Academy Award® for Best Short Film (Live Action).



Suicide is the third leading cause of death among young people ages 15 to 24 and accounts for 12% of the deaths every year in that age group (2009 CDC, "Suicide: Facts at a Glance").

LGB youth are four times more likely to attempt suicide than their heterosexual peers (*Massachusetts 2009 Youth Risk Behavior Survey*).

LGB youth whose families reject them are more than 8 times as likely to attempt suicide than LGB youth who experience little or no family rejection (*2009 Family Acceptance Project*).

## VOLUNTEER OPPORTUNITIES

Volunteers are the backbone of The Trevor Project. Our dedicated team of volunteers help in every aspect of the organization from programs to communications, to development and special events in these roles:

- ★ Lifeguard Workshop Facilitators
- ★ Lifeline Counselors
- ★ "Dear Trevor" Authors
- ★ TrevorSpace Administrators
- ★ Event Volunteers
- ★ Special Projects
- ★ National Ambassadors Council

If you are interested in volunteering in any of these capacities, please visit [TheTrevorProject.org](http://TheTrevorProject.org) and click "Volunteer" for more information.

"I owe a special thanks to [TrevorSpace] and the people on it right now. A few days back I told everyone that I came out to my mom and she accepted me, but the next day I found that wasn't such the case. I want to thank all of you who gave me support, shared your stories and who have helped me when I'm down. I want to thank those who work for and support this site and help it grow, because I know it's helped more than just me." - Cassy, 16, PA



We invite you to **INVEST** in our life-saving and life-affirming work for LGBTQ youth across the country. An investment in The Trevor Project is an investment in LGBTQ youth.

Yes! I want to support The Trevor Project.

### ENCLOSED IS MY GIFT

Answering one call on The Trevor Lifeline costs only \$15.

- \$30 (2 calls)     \$45 (3 calls)     \$75 (5 calls)  
 \$150 (10 calls)     \$225 (15 calls)     \$\_\_\_\_\_ Other

### I WOULD LIKE TO BECOME A MONTHLY 'LIFELINE CLUB DONOR'

Members make monthly contributions via credit or debit card.

- \$15 monthly     \$30 monthly

### I WISH TO ENROLL IN THE CIRCLE OF HOPE

Circle of Hope donors make an annual pledge of \$500 or more to The Trevor Project. Payments can be scheduled monthly, quarterly or can be paid in full.

- \$500     \$1,000     \$2,500     \$5,000     \$10,000

I authorize The Trevor Project to charge me:  Monthly     Quarterly     All at once to the credit or debit card indicated below.

### PAYMENT INFORMATION (please complete all fields)

Name \_\_\_\_\_

Partner/Spouse Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Primary Phone \_\_\_\_\_

Email Address \_\_\_\_\_

Who introduced you to The Trevor Project \_\_\_\_\_

### PAYMENT METHOD

- Check included with my pledge, made payable to The Trevor Project  
 Please charge my  Visa  MasterCard  AMEX  Discover

Name as it appears on card \_\_\_\_\_

Card Number \_\_\_\_\_ CCV / Authorization Code \_\_\_\_\_

Expiration Date \_\_\_\_\_ Signature \_\_\_\_\_